



Members Recipe Book

Quick and Easy Quiche

Lorraine Bain

Ingredients

6 eggs
½ cup self raising flour
1 cup milk
2 tablespoons melted butter
2 strips diced bacon
¾ cup grated cheese
Pinch of salt
Parsley cut thinly

Method

- Beat eggs, add milk, flour, salt then melted butter, bacon and cheese.
- Mix all ingredients
- Note: Other ingredients may be added to taste.
- Place whole mixture in a quiche tray
- Place in a moderate oven and cook for 30 minutes.
- It should be firm in the centre when cooked.